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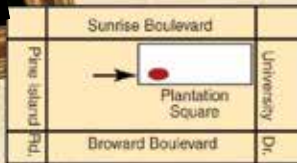
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PUBLISHERS
Christy & Terry Jaillet
publisher@ourcitymedia.com

MANAGING EDITOR
Christy Jaillet

ART DIRECTOR
Tom Rowe

GRAPHIC DESIGNER
Alana Brodie

ADVERTISING SALES MANAGER
Nancy Koval
nancy@ourcitymedia.com

ACCOUNT EXECUTIVES
Jared Blaut, John Brodie,
Denise Caligiuri, Adrienne Collins,
Mariem Garcia, Silvia Silva

CONTRIBUTING WRITERS
Jon Duka, Terry Jaillet, Andrea L. Jakob,
E.F. Israel, Mayor Nick Sortal,
John Wai, Dr. Jennifer Frione

ADVERTISING INFO
sales@ourcitymedia.com

VISIT US ONLINE
ourcitymedia.com

954-306-1007
400 Sawgrass Corporate Parkway
Suite 200C • Sunrise, FL 33325

GOT NEWS? EMAIL THE EDITOR!
editor@ourcitymedia.com



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April Awakening: Get Ready for Summer



April is here, bringing longer, hotter days. This season is a time of growth, both in nature and in our own lives. It's a chance to let go of the past and look ahead with optimism.

As Rainer Maria Rilke said, "Spring is the time of plans and projects." It's a great time to set new goals, take on new challenges, and embrace the longer, sunnier days.

With that in mind, we're excited to share **Our City's Annual Summer Camp Guide** in this month's edition. Summer camps offer kids a variety of enriching experiences, from arts and science to sports and outdoor fun. Whatever their interests, there's a camp to make their summer both enjoyable and meaningful.

As we enjoy the beauty and warmth of spring in South Florida, let's embrace the opportunity for new beginnings. Whether it's pursuing a new hobby, embarking on a home improvement project, or simply taking more time to enjoy the outdoors, let the renewal of the season inspire you.

April is a time of preparation for the adventures ahead.

Here's to a bright and exciting spring—and the summer fun that awaits!

With warmth and connection,

Christy & Terry Jaillet

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April 2025 Calendar

APRIL 5

Rock the Park Concert Series

Join your neighbors for a free evening of great music at Pine Island Park. There will be an array of food trucks offering authentic cuisine from around the world. Contemporary Latin band Caliente will be featured. Food trucks begin serving at 6:00 pm; the concert starts at 7:00 pm. For more info, call 954-452-2510.

APRIL 9

Hump Day Food Trucks

Skip the cooking on Wednesday evenings and instead pick up delicious food at our Drive-Thru Food Truck Event! From 5PM - 9PM every Wednesday you can stop by Volunteer Park and order food from a variety of food trucks. Volunteer Park, 12050 W Sunrise Blvd. For more info call 954-797-2140.

APRIL 12

Aden Perry Hero Run & Celebration

Join members of the community for a 5K run/walk followed by BBQ, a live DJ and Tribute Band with great food, drinks, and more to celebrate the life of Aden Perry. Aden tragically lost his life attempting to save a fellow teen who had crashed his car into a lake. The 5K honors his memory and helps raise money to help students on their academic journeys through the Aden Perry Good Samaritan and Scholarship Fund. The race kicks off at 6:45 am at the home of the Florida Panthers, Amerant Bank Arena. **To register or get more info, scan the QR code.**



APRIL 12-20

Passover

Wishing a happy Passover holiday to all of our Jewish readers. Passover is a Jewish holiday that commemorates the liberation of the Israelites from slavery in ancient Egypt. It is celebrated for seven or eight days, depending on the Jewish tradition. The holiday is marked by a number of rituals and customs, the most well-known of which is the Seder. The Seder is a festive meal that takes place on the first night of Passover, during which the story of the Exodus is retold and special foods, such as matzo and bitter herbs, are eaten. The holiday is a time for family gatherings, reflection, and gratitude for freedom and deliverance.





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- Sheriff Dr. Gregory Tony
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April 2025 Calendar

(CONTINUED)

APRIL 19

Royal Egg Hunt

Join in the fun again this year as the Royal Easter Bunny hops onto Pop Travers Field to host the Annual Royal Easter Egg Hunt for children 3 –10 years old from 10:00 a.m. SHARP (be sure to arrive early to find parking and be ready to go!). Children will be assigned to fields by age groups, (3&4, 5&6, 7&8, 9&10) to collect eggs on their own. Please bring a basket or bag. A special visit by the Royal Easter Bunny will be made. After the hunt, children and families will enjoy inflatables, games and arts & crafts. **Call 954-452-2510 for more info.**



APRIL 20

Easter

Christians worldwide will celebrate the resurrection of Jesus Christ from the dead, as described in the New Testament. The holiday is the culmination of Holy Week, following Good Friday, which commemorates Jesus' crucifixion. Easter is observed on the first Sunday after the first full moon following the spring equinox. Traditions include church services, festive meals, egg hunts, and the exchange of chocolate eggs, symbolizing new life and rebirth. **Happy Easter to everyone celebrating, from all of us at Our City!**



APRIL 22

Earth Day

More than one-billion people around the world celebrate Earth Day! Take action to make our planet better for generations to come. Gather with neighbors to remove trash from local wetlands, reduce your carbon footprint, support a worthy charity or join a "beach keepers" group. Earth Day was first celebrated in 1970 and is now celebrated by people from every walk of life.

APRIL 25

Relay For Life

Relay For Life is the world's largest volunteer-based fundraising event. For more than 36 years, communities across the world have come together to honor and remember loved ones and take action for lifesaving change. At Relay For Life you'll find community members taking turns walking around a track lined with luminaria bags. You'll have the opportunity to cheer for local survivors (or participate as a survivor) in our first lap of the day. Caregivers of cancer patients (currently or previously diagnosed) will then be invited to join the Survivors. This month's event will be hosted Plantation Central Park, 9151 NW 2nd St. **Scan the QR code to register or learn more.**



APRIL 21

Tunes 'N Trucks Concert Series

Sunrise's popular outdoor concert series is taking place at a Sunrise park NEAR YOU! Each Tunes 'N Trucks event features live music and food trucks. This month will feature Disco and Funk band, Studio 54. The trucks start serving at 6:00 pm, and the band takes the stage at 7:00 pm. Bring your lawn chair or blanket. Admission is FREE! Hosted at Sunrise City Park, 6600 Sunset Strip. **Scan the QR code for more info.**



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Relay For Life of Plantation, Weston, Davie, Cooper City: UNITING TO END CANCER

On Friday, April 25, 2025, the American Cancer Society's Relay For Life of Plantation will bring the community together for an inspiring evening at Plantation Central Park. This powerful event celebrates survivors, honors loved ones lost, and fuels the fight against cancer with every step taken.

This year, as Relay For Life marks 40 Years of Impact, we reflect on the incredible movement sparked by Dr. Gordy Klatt in 1985. His vision—running a 24-hour marathon to raise funds—ignited a global movement that has since raised an astounding \$6.8 billion to save lives from cancer. Today, Relay For Life stands as the world's largest peer-to-peer fundraising event, with 2.5 million participants worldwide dedicated to changing the future of cancer.

"Relay For Life is more than just a walk. It's a movement that brings communities together to celebrate survivors, remember those we've lost, and raise funds to improve the lives of people affected by cancer," said Event Lead and cancer survivor Chris Fletcher.

Game On: Leveling Up for 40 Years

This year's theme—"Leveling Up For 40 Years – Game Over, Cancer"—promises a night filled with inspiration, entertainment, and community spirit. With over 50 teams and 1,000 participants, the event will feature:

A Special Survivor's Lap & Complimentary Dinner – Honoring those who have battled cancer, including Thrivers still fighting and the Caregivers who stand by their side.

Luminaria Ceremony at Sunset – A moving tribute where candles light up the night in remembrance, hope, and solidarity.

Exciting Games & Activities – Themed around our "Game Night" concept, ensuring fun for all ages.

"During our Relay event, we'll celebrate Survivors, Thrivers, and Caregivers—the true heroes in the fight against cancer," said Chris Fletcher, a Stage 4 Hodgkin's Lymphoma survivor.

Funds raised will directly support the American Cancer Society's mission, funding research, patient support, advocacy, and

education. This year, proceeds from the Relay Kids Zone will go toward Pediatric Cancer Research initiatives.

How You Can Get Involved

Join the Movement – Sign up to participate or form a team at www.relayforlife.org/plantationfl

Donate – Every dollar makes a difference. Visit www.relayforlife.org/plantationfl to give today.

Sponsor or Volunteer – Local businesses and community members play a crucial role in making Relay possible.

Event Details

- Relay For Life of Plantation, Weston, Davie and Cooper City
- Friday, April 25, 2025 | 5:00 PM
- Plantation Central Park, 9151 NW 2nd St, Plantation, FL

Join us as we take action, celebrate hope, and work toward a future where cancer is no longer a threat. Game Over, Cancer!

■ INSPIRING INDIVIDUAL

BRUCE ABRAHAMS – SPREADING JOY, ONE LAUGH AT A TIME

Bruce Abrahams is an entertainer with a mission—to bring joy, laughter, and connection to communities across Broward County. Unlike most performers, Bruce donates his time and talent entirely free of charge to nonprofits, municipalities, and community associations. His generosity and passion have made a lasting impact on countless individuals, turning everyday gatherings into unforgettable celebrations.

One of his most popular productions, Game Show Night, is an interactive, high-energy experience that transforms audience members into enthusiastic contestants. At the City of Sunrise Senior Center, Bruce's performance captivated an entire room of seniors, who spent 90 minutes cheering, laughing, and engaging in his lively game shows. The overwhelming success of the event led to multiple return invitations, with each performance bringing new excitement and connection.

Bruce's motivation is simple: he saw a need. In today's often challenging world, he believes in the power of humor and shared experiences to unite people. His tagline, "Where laughter is the prize!", perfectly encapsulates his

mission—to create moments of pure joy, free from the worries of everyday life.

Beyond Sunrise, Bruce's impact can be felt across Broward County. He has brought his infectious energy to events like the City of Plantation's annual employee celebration, where he once again proved his ability to engage and uplift an audience. His selfless contributions have left a lasting impression on the communities he serves, fostering a spirit of unity and happiness wherever he performs.



Owl Walk Raises \$20,000 for Plantation Park Elementary

On March 7, 2025, Plantation Park Elementary PTA hosted its 2025 Annual Owl Walk. More than 500 students, 75 staff members, 23 volunteers, and 60 parents walked to raise money for the school.

After the walk, the kids enjoyed climbing on and exploring a Plantation Fire Dept truck, and the city's Swat Team truck. Plantation City Council Member Louis Reinstein joined I9 sports league and the South Plantation HS band to celebrate. An impromptu dance session broke out after the walk. Approximately \$20,000 was raised for the school.



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Meet Dr. Buscemi

Dr. Amanda Buscemi is a board-certified pediatric dentist and the visionary leader behind Super Smiles Kids Dental & Orthodontics, overseeing 11 locations across Broward and Palm Beach counties. With a team of 14 doctors and over 100 staff members, she plays a crucial role in hiring, training, marketing, and quality assurance, ensuring every child has a fun and unforgettable dental experience. Her goal is to transform dental visits into exciting, theme park-like adventures, making oral health a positive and memorable part of childhood.

Keys to Her Success

Dr. Buscemi attributes her success to passion, perseverance, and the unwavering support of her family and dedicated team. She believes that surrounding yourself with the right people and staying committed to your vision are key to building something extraordinary. Her ability to balance leadership, patient care, and mentorship has allowed her to create an environment where both patients and staff thrive.

Words To Live By

“I try to give 110% in all I do—whether it’s providing exceptional patient care, mentoring my staff, being a supportive family member, or growing my practices. I’m a big dreamer who has worked hard to turn those dreams into reality.

Believe in yourself, embrace challenges, and never stop learning. Success is built on resilience, and true leadership is about lifting others as you rise.”



SCAN TO
LEARN MORE



Camil Marrero, MD, MPH, FACOG

BOARD CERTIFIED OBGYN
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Meet Dr. Marrero

Dr. Camil Marrero is a board-certified OBGYN who offers comprehensive care to women from adolescence through adulthood. She provides a wide range of services—from annual exams and Pap smears to advanced robotic-assisted surgeries using the da Vinci system. With expertise in diagnosing and managing conditions such as PCOS, endometriosis, and abnormal uterine bleeding, Dr. Marrero's goal is to ensure every patient's reproductive and overall health needs are met with compassion and precision. As a bilingual physician, she connects with a diverse patient population on a deeper level, understanding their unique experiences and guiding them toward a lifetime of good health. For more information, call her at 954-474-2229.

A Defining Moment

Among her most meaningful professional milestones, Dr. Marrero cherishes the opportunity she's had to deliver her two nieces, cousin, close friends, and goddaughter—an experience she describes as profoundly rewarding. In addition, a critical turning point in her career came when a close friend arrived at the hospital with severe hemorrhaging. Dr. Marrero's swift response and expertise helped save her friend's life, reinforcing her unwavering commitment to patient care and reminding her of the vital importance of vigilance and empathy in medicine.

Keys to Her Success

Dr. Marrero attributes much of her success to her bilingual background, which allows her to build strong, enduring relationships with patients from diverse communities. She also draws motivation from the lifelong bonds she forms—supporting women through various stages of life, from their teenage years to motherhood and beyond. This personalized, patient-centered approach has helped Dr. Marrero cultivate a practice defined by trust, collaboration, and outstanding clinical outcomes.

Words to Live By

"We shape our own lives. Success comes through hard work, dedication, and the right mindset. Strive to be your best and lift others as you grow. Women excel in any field, often breaking barriers. Lead with integrity, humility, and respect—values that foster collaboration and earn admiration. Keep pushing forward—there are no limits to what women can achieve!"



SCAN TO
LEARN MORE



Fanit Panofsky

CEO AND OWNER
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Meet Fanit

Fanit Panofsky has been guiding Contour Day Spa since 1985, growing it into a top-tier wellness and relaxation destination. As a dedicated leader, she manages the business's financial, marketing, and operational functions, which ensures ongoing success. Her evolution from nail technician to successful spa owner showcases her vision, perseverance, and entrepreneurial drive.

Keys to Her Success

Fanit credits her success to commitment, strong family values, and sound business decisions. She also values employee retention by creating a supportive workplace that encourages loyalty and excellence. Her skill in making strategic decisions while adhering to her core values has been crucial to Contour Day Spa's lasting success and reputation.

Contour Day Spa provides an extensive array of wellness services seven days a week, all in one location. Our offerings include a variety of massage modalities, colonics and detox treatments, water therapies, couples treatments in VIP suites, memberships, a hair and nail salon with premium treatments, reflexology, hydrotherapy, body wraps, facials, and a range of anti-aging therapies, including body slimming. Our signature service, the Journey to Eden, is a distinctive collection of water therapies that is truly exceptional.

Words To Live By

Fanit's guiding principle is: "The values my parents instilled in me have influenced my career and personal life. My advice to young women who want to lead is straightforward: dream big and pursue it."

The SBA (Small Business Administration) offers accessible loans and free educational resources for women in business. The SBA has been a vital resource for me over the past 30 years, and its assistance has been essential to our current success.

Always Remember: "People First, Everything Else... AFTER!"



SCAN TO
LEARN MORE



Yvette Gonzalez

NURSE PRACTITIONER
SAGE WELLNESS & MEDSPA

Meet Yvette

Yvette Gonzalez, RN, MSN, APRN, FNP-BC, is a dedicated nurse practitioner and the driving force behind Sage Wellness & Medspa in Plantation, Florida. With a passion for holistic health and aesthetics, she provides personalized treatments that enhance both confidence and well-being. Her patient-centered approach ensures that individuals receive the highest level of care, whether they are seeking weight loss solutions, hormone balancing, or advanced aesthetic procedures. Yvette believes that true wellness is about more than appearance—it's about feeling strong, balanced, and radiant from the inside out.

Keys to Her Success

Yvette's success stems from her commitment to delivering safe, customized, and results-driven treatments. With extensive experience in healthcare and aesthetics, she stays at the forefront of innovative therapies designed to promote long-term wellness. She has built Sage Wellness & Medspa into a sanctuary where patients can address their health and beauty goals in a supportive and professional environment. Her genuine care for her clients is reflected in the countless success stories of individuals who have regained confidence and vitality under her guidance.

Words To Live By

"True transformation comes from within. When you prioritize your health, nourish your body, and embrace self-care, confidence follows naturally. Every individual deserves to feel their best, and I'm honored to help guide my patients on their journey to wellness."



SCAN TO
LEARN MORE



Dr. Carolina Vera

FOUNDER & MEDICAL DIRECTOR
THE VERA MEDICAL INSTITUTE

Meet Dr. Vera

Originally from Colombia, Dr. Carolina Vera moved to Fort Lauderdale at the age of nine. Early on, she distinguished herself academically—graduating at the top of her high school class and earning immediate acceptance into Nova Southeastern University Medical School’s dual admissions program from high school. After a decade as a full-time ER physician in Broward and Dade Counties, Dr. Vera channeled her passion for helping people into the aesthetic field, opening the Vera Medical Institute.

Blending Medicine & Aesthetics

At The Vera Medical Institute, Dr. Vera leverages her medical expertise and eye for aesthetics to help patients look and feel their best. She specializes in non-surgical solutions—from injectables and PRP Facial Rejuvenation to innovative laser and ultrasound treatments—tailoring each approach to a patient’s unique needs. Dr. Vera believes what you see on the outside reflects an individual’s inner well-being; every consultation considers overall health alongside cosmetic desires.

Cutting-edge, Non-Invasive Treatments

The Vera Medical Institute offers a wide range of services under one roof, including dermal fillers, neurotoxin, medical weight loss, hormone replacement therapy, skin tightening treatments and lasers to remove fine lines, wrinkles and hyperpigmentation. Dr. Vera’s dedication to staying on the forefront of age management medicine has earned her practice the title of “Best Med Spa” in the Best of Plantation multiple times.

Philosophy & Approach

Dr. Vera is driven by a mission: To help her patients feel confident and beautiful without invasive surgery. Her gentle touch, medical background, and artistic insight combine to deliver results that look natural and reflect each patient’s individuality. She credits her success to viewing every person holistically—recognizing that true beauty is as much about inner balance as it is about outward appearance.



SCAN TO
LEARN MORE



Dr. Nohora Rodriguez

BIOLOGICAL DENTIST & FOUNDER
DESIGNING BEAUTIFUL SMILES

Meet Dr. Rodriguez

Dr. Nohora Rodriguez is a passionate and dedicated dentist who believes in transforming lives through comprehensive oral health care. Originally from Colombia, she pursued her dental education in both Colombia and the United States, blending diverse expertise with a deep cultural understanding of her patients' needs. Since founding Designing Beautiful Smiles in 2013, she has been committed to providing high-quality, patient-centered care in Broward County, Florida. Her approach goes beyond traditional dentistry—she sees oral health as an integral part of physical, emotional, and spiritual well-being, ensuring that every patient feels understood, comfortable, and confident in their care.

Keys to Her Success

Dr. Rodriguez's success is rooted in her unwavering dedication to excellence, innovation, and patient experience. She has built a family-oriented, bilingual practice where patients of all ages feel welcome and valued. Her love for dentistry is matched by her passion for nature, animals, and meaningful connections with those she serves. Recently, she expanded Designing Beautiful Smiles into a new, state-of-the-art location, allowing her team to offer a full range of preventative, cosmetic, and surgical services in one convenient setting. With a caring and professional staff, she continues to set the standard for high-quality dentistry and exceptional patient care.

Words To Live By

"Dentistry is my passion. I love it as much as I did back in Colombia when I started and now I am very happy to be working with patients starting with their smile to support their overall health."



SCAN TO
LEARN MORE



Shirley S. Gil

HEADMASTER AND PRESIDENT
CHRISTI/STEPSS ACADEMY

Meet Shirley

As the Headmaster and President of Christi/Stepss Academy, Shirley S. Gil leads a Christian-based private school dedicated to providing quality education for all students, emphasizing children with special needs. Her role extends beyond academic leadership—she is deeply involved in fostering a nurturing, faith-centered environment where students can thrive emotionally, spiritually, and intellectually. She works closely with faculty, parents, and community organizations to ensure that each child has the resources and support needed for success. Guided by faith, integrity, and a heart for service, Shirley is committed to making a lasting impact in the lives of the students entrusted to her care.

Keys to Her Success

Shirley attributes her success to an unshakable faith in God, which has guided her through every challenge and decision. She also credits the unwavering support of her family, staff, and school community for helping her fulfill her mission. Challenges have played a pivotal role in shaping her leadership, teaching her resilience, patience, and the power of commitment to a greater purpose.

Words To Live By

“At Christi/Stepss Academy, we believe that no student should be left behind. Leadership is not about power—it’s about service. When we lead with compassion, faith, and a heart for others, we create meaningful change. To young women aspiring to leadership, I encourage you to lead with faith, integrity, and purpose. Stay true to your values, embrace challenges with courage, and trust that God has a plan for your life. When you follow His calling, doors will open beyond your imagination.”



SCAN TO
LEARN MORE

2025 SUMMER CAMP GUIDE

20  25

SUMMER CAMP GUIDE

Searching for the perfect solution to keep your child both entertained and physically active over the summer? Search no more—Summer

Camp is here! Offering an array of programs, Summer Camp is a fantastic avenue for kids to mingle with their age group, explore new interests, and enhance their self-esteem. Plus, it gives parents the perfect opportunity to relax and unwind. This guide is your go-to resource for selecting the ideal camp for your youngster. Featuring extensive choices and professional advice, you can rest assured that your child will enjoy a fun-filled summer creating unforgettable experiences.

Camp ART-rageous

www.campartrageous.com
954-445-7272



If your child has a passion for drawing, painting, and crafting creative masterpieces, then Camp ART-rageous is their ideal summer destination! Directed by professional artists, this camp is a haven for young creatives eager to explore their artistic capabilities. Each week offers campers the exciting opportunity to experiment with various mediums, while gaining inspiration from learning about renowned artists and innovative techniques. Designed for children ages 5-13, Camp ART-rageous is more than just an art camp—it's a community where every day is a new adventure in creativity. Campers eagerly anticipate the moment they step through the studio doors, ready to dive into the world of art and MAKE COOL ART!

Camp Chameleon

www.CampChameleon.com
954-815-9054



Marking its 15th anniversary, Camp Chameleon takes pride in offering a summer filled with outdoor fun at Markham Park. The camp promotes the joy of outdoor activities and instills an appreciation for nature among children aged 6 to 15. Emphasizing physical activity, Camp Chameleon introduces campers to a range of non-competitive sports, fostering a healthy lifestyle. The camp counselors are dedicated to creating an inclusive atmosphere that encourages participation in group games, creative projects, and the building of friendships through special activities. Additionally, campers look forward to daily field trips that include visits to local pools, bowling alleys, skating rinks, movie theaters, indoor gyms, and more, ensuring a summer that is not only educational but also packed with adventure and fun.



JUNE 9TH - AUGUST 1ST



ACTIVITIES:

- Arts & Crafts
- Indoor/Outdoor Games
- STEM Program
- Weekly Field Trips
- And More!

\$175
Per Week

(Two Week Sessions)
8am-3pm
Before & after care available



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Make a memorable experience at our kids summer camp, where you can meet new friends and do fun activities!

Ages 5-12



2025 SUMMER CAMP GUIDE

(continued)

Camp Live Oak

www.CampLiveOakFl.com
954-563-4880



Camp Live Oak presents an enriching summer experience with its focus on environmental and marine science. Each week, campers delve into captivating environmental themes, embarking on a journey of discovery and learning. The camp's diverse schedule includes a wide array of activities, ensuring something new and exciting for every day of the week. From field trips that explore the natural beauty of the surroundings to on-site adventures that bring the thrill of discovery, and guest speakers who share their knowledge and passion, Camp Live Oak promises a comprehensive camp experience. Additionally, the camp is thrilled to incorporate the Science of the Sea program at Birch State Park, enhancing its marine science curriculum.

Florida Children's Theatre

www.FLCT.org
954-763-6882



Florida Children's Theatre serves as an educational center for theatre arts serving children and families across South Florida. The oldest documented children's theatre in the state of Florida, FLCT was founded in 1952 by two mothers in a garage. The theatre quickly grew to be the first children's theatre organization to perform at Parker Playhouse, the Broward County Main Library Theatre, and Dillard Center for the Arts. Each summer, FLCT hosts a vibrant summer camp for children interested in theatre at the Fine Arts Theatre at Broward College Central Campus in Davie. The summer camp is open to children in grades 2-10 and will feature productions of Honk, Jr. and Alice in Wonderland, Jr..

John Wai Martial Arts Camp

www.johnwaimartialarts.com
954-382-2228



John Wai Martial Arts Camp delivers a unique blend of fun, meaningful learning, physical activity and personal development with its Summer Camp Program, tailored for children aged 5 to 12. This camp distinguishes itself as an exceptional option among the usual summer offerings. John Wai Martial Arts has been a key part of the community for 27 years, teaching children martial arts and valuable life skills.

Their summer camp extends this mission, aiming to develop not just skills in martial arts but also in life's broader lessons. The camp's schedule is filled with a variety of activities. Children will learn different martial arts disciplines, participate in team-building games, play sports, create arts and crafts, and go on exciting field trips. Special guests provide additional educational value, bringing unique learning experiences to the campers.

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Camp meets Monday-Friday from 9am-3pm. Early drop-off is available from 8am and late stay is available until 6pm. Campers can sign-up by the week, or longer! Discounts are available for multiple weeks! Registration is open throughout the summer, right up to the last week!

SPACE IS LIMITED! **(954) 217-6006**
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CAMP ART-rageous

Do You Love Drawing, Painting & Creating Masterpieces? Then Camp Art-rageous Is The Place To Be!

Each week campers will have a blast experimenting with different mediums while learning about new artists and new techniques.

Dates: June 9 - July 18
Monday - Friday | **Time: 9AM - 1PM**

Location
El Dorado Clubhouse , 1 El Dorado Parkway, Plantation, FL 33317

Ages: 5 - 13
Rates: \$200 per camper/per week | **10% Sibling Discount**

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(954) 445-7272 | makecoolart@gmail.com
www.CampArtrageous.com

SUMMER FUN

at Camp Nova

Camp Programs

- Guppy Camp (18 months – 4 years old)
- Minnow Camp (Kindergarten – 1st Grade)
- Shark Camp (Grades 2 – 9)
- Teen Leadership Camp (Grades 8 – 11)

Specialty Camps (ages vary)

- | | |
|------------------|-----------------|
| AI Academy | Minecraft |
| Animation | Princess Camp |
| Baseball | Roblox |
| Basketball | Science Palooza |
| Builders Club | Soccer |
| Flag Football | Under the Sea |
| Little Inventors | Volleyball |
| Marine Science | Young Debaters |

Summer Scholars

This program gives students ages 5 and up the opportunity to enrich their summer with learning experiences in Reading, Mathematics, Foreign Language, Writing, and Language Arts.

CAMP DATES JUNE 9 – AUGUST 1

Two-Week Sessions Available | Post Camp Sessions run from August 4 – 8

Camp hours are: 9:00 a.m. – 5:00 p.m. (early morning care is available for an additional fee)

Camp Nova

NSU University School

uschool.nova.edu/summer | (954) 262-4528



Register & pay in full by
APRIL 18
and receive
10% OFF*
*Plus 10% discount for each sibling (not including Summer Scholars)

2025 SUMMER CAMP GUIDE

(continued)

Premier Martial Arts

www.premiermartialarts.com
954-440-2980



Premier Martial Arts stands at the forefront of martial arts instruction, committed to empowering students of all ages with the skills and discipline necessary for life's many challenges. Boasting a cadre of highly skilled and experienced instructors, the school offers a diverse selection of classes, including karate, kickboxing, Krav Maga, and more.

Its comprehensive curriculum and tailored approach to teaching ensure that each student receives the attention and guidance needed to accomplish their personal goals. From mastering complex techniques to enhancing self-confidence, Premier Martial Arts is dedicated to fostering an environment where students are motivated to achieve excellence both on the mat and in their daily lives.

Camp Nova

www.USchool.Nova.edu
954-262-4506



Camp Nova offers a summer packed with fun, laughter, and new friendships for campers from kindergarten to grade 11. At the heart of the experience are Shark Camp and Minnow Camp, delivering traditional day camp joy. For those with specific interests, Camp Nova's specialty camps like Drobots, Marine Science, Sports, and Musical Theatre provide unique adventures. The Summer Scholars program also enriches students with targeted learning in Reading, Math, Foreign

Languages, Writing, and Language Arts, all in a supportive setting. Join us for a summer where memories are made, and passions are pursued.

Soref JCC Summer Camp

www.sorefjcc.org
954-792-6700



Soref JCC Summer Camp is the ultimate destination for an unforgettable summer of fun, friendship, and adventure! Open to children ages 3 months to 14 years, our camp offers a safe and secure environment across two convenient locations in Plantation and Coral Springs. Campers enjoy exciting weekly field trips, engaging activities on our expansive 16-acre campus, and access to top-notch facilities, including a pool, gym, and sports fields. With luxury coach transportation available between campuses, kosher meals provided, and even an optional Orlando trip, every detail is designed for an amazing summer. Join us for a season of discovery, laughter, and lifelong memories!



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June 9 - Aug 8

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www.sorefjcc.org

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(PICTURED ABOVE ARE ANDREA L. JAKOB, ESQ. AND ERIKA GARAY, ESQ.)

LEGALLY SPEAKING



3 ASSET PROTECTION TIPS YOU CAN USE NOW

By Andrea L. Jakob, Esq.

Think asset protection is just for the wealthy or high-risk professionals like doctors and lawyers? Think again! Anyone can face a lawsuit from a car accident, foreclosure, unpaid medical bills, or even an injured tenant. Protecting your assets is crucial for everyone. Here's how you can start safeguarding your hard-earned money and property today.

What Is Asset Protection Planning?

Asset protection planning involves using legal structures and strategies to shield your assets (like accounts and property) from creditors. It's not a quick fix for existing legal problems, though. Transferring assets to avoid creditors can be considered fraudulent and lead to legal penalties. The key is to plan ahead—before you face a lawsuit. Here are three tips to help you get started:

Tip #1: Load Up on Liability Insurance

Your first line of defense is insurance. This includes homeowner's or renter's, automobile, business, professional, malpractice, long-term care, and umbrella policies. Liability insurance not only covers money damages but can also help with legal fees. If you don't have an umbrella policy, talk to an insurance agent to see if it's right for you. These policies are relatively inexpensive compared to more advanced asset protection strategies. Review your current policies to ensure your coverage matches the value of your assets, and make adjustments as needed. Don't forget to review your policies annually to ensure they still provide adequate coverage.

Tip #2: Maximize Contributions to Your 401(k) or IRA

Federal law protects tax-favored retirement accounts, like 401(k)s and IRAs, from creditors in bankruptcy (with some limitations). Maximizing contributions to your company's 401(k) plan is a smart way to boost your retirement savings and safeguard your assets against creditors, predators, and lawsuits. If your company doesn't offer a 401(k) plan, consider investing in an IRA for the same benefits.

Tip #3: Move Rental or Investment Real Estate into an LLC

If you're a landlord or real estate investor, moving your properties into a limited liability company (LLC) can protect your assets from business-related creditors and lawsuits. There are two types of liability to consider:

- **Inside liability:** When the property itself is the source of the liability (e.g., a slip and fall on the property), creditors may try to seize your personal assets to satisfy the debt.
- **Outside liability:** When the debt is personal (not related to the LLC), creditors may try to seize the LLC's assets to satisfy your personal debt.

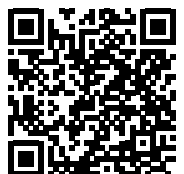
A properly formed and operated LLC limits inside liability to the value of the LLC's assets. In most states, creating an LLC also means that creditors can't access the LLC's assets to satisfy personal debts.

Real-Life Example: One of our clients owned an apartment building and was sued by a tenant who claimed lung damage from mold exposure. Because the property was held in an LLC, the tenant could only go after the assets within the LLC, not our client's personal assets. This protection was crucial in limiting the financial impact of the lawsuit.

If you're interested in using an LLC to protect your real estate investments, work with an attorney who understands the LLC laws and any potential tax implications for transferring property to another entity to ensure you're fully protected.

Check out this blog post I wrote 5 years ago about what an LLC really is!

You've worked hard to accumulate your money and property. Don't let a lawsuit take it all away. Call us today to evaluate your situation and craft an asset protection plan that best serves you and your loved ones.





PLANTATION UPDATE

By Nick Sortal

Explaining water rates: You may have noticed a rate increase on your recent water and sewer bill.

We don't do these things randomly.

We carefully explored what the rates should be. Our 2022 rate study, the first in nearly a decade, was conducted by an independent consultant. They identified adjustments needed to continue to maintain and enhance our water and sewer services for years to come. The City Council vets the study and approves or adjusts the rates recommended by the consultant. The rates were adopted in September 2022 after two public hearings. Gradual increases were chosen over a one-time steep rate hike to keep services affordable to our residents.

Allowing our aging water and sewer infrastructure to go unrepaired can generate disastrous consequences, such as we've seen in other places, most notably Fort Lauderdale.

Additionally, state laws dictate that all money gleaned from utility fees be allocated back to that service. For example, the city cannot use the revenue to buy police cars or raise salaries, etc.

Recycling video: Council President Louis Reinstein recently toured Pembroke Pines Waste Management's recycling plant and produced a video explaining the process. You can find it at www.youtube.com/watch?v=0RmmHIBhEHs

Lights for tennis: The City Council approved \$270,260 for Musco Lighting to install lighting at six Plantation Community Center tennis courts. A Florida Recreation Development Assistance Program grant provides \$50,000 toward the cost.

The lights are on order, then construction begins. They will be in place about five months from now.

A step toward culvert bridge repair: We made some progress toward fixing four bridges on Central Park Drive. The City Council approved \$238,715 for Carnahan, Proctor and Cross, Inc. for design and permitting of four culvert bridges along Central Park Drive.

I want to caution this is just one step. When the contractor's work is done, the city will request proposals for the construction portion of the project, adhering to the bid process.

Volunteer Park bridges: The Plantation City Council and Plantation Acres residents expressed support for an application for a Florida Department of Environmental Protection Recreational Trails Program (RTP) grant to help repair the bridges at Volunteer Park.

Estimated cost for the "Y" Bridge repairs is \$700,000. The request for the grant would cover half. The city heard from the residents how important it is to repair both bridges that have been closed for safety reasons and is committed to doing so.



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Contact Mayor Nick Sortal via Mayor@plantation.org



WHY EVERY TEEN GIRL SHOULD TRAIN IN BRAZILIAN JIU JITSU

By John Wai

Teen Girls Build Confidence and a Strong Mindset with BJJ

Teen girls training in Brazilian Jiu-Jitsu (BJJ) gain confidence, resilience, and real-world self-defense skills. More young women are stepping onto the mats, learning how to use technique and leverage to control opponents, regardless of size or strength. BJJ provides a structured, positive environment where they can challenge themselves, develop problem-solving skills, and grow both physically and mentally. With experienced coaches and supportive teammates, teen girls benefit from a training atmosphere that encourages progress, discipline, and self-belief.

The Best Self-Defense for Females

While many martial arts offer striking techniques, BJJ is unmatched in teaching ground control and leverage-based defense. If a situation escalates to close-range grabs or is taken to the ground, BJJ gives girls the ability to maintain control and defend themselves. Knowing how to escape bad positions, apply submissions, and use an opponent's strength against them builds confidence and real-world preparedness. BJJ teaches the ability to use leverage and technique to overcome stronger opponents, making it one of the most effective self-defense systems for females.

Confidence Through Overcoming Challenges

BJJ requires patience, problem-solving, and perseverance. During rolling—BJJ's version of sparring—girls are put in tough positions where they must think under pressure, escape bad spots, and work toward control. Facing these challenges regularly teaches them to stay calm, adapt, and push through discomfort. Every small victory, whether it's escaping a tough hold or applying

a technique, builds self-belief. This mindset carries into daily life, helping them develop resilience and confidence.

A Positive and Supportive Community

Teen years can be challenging, but BJJ provides an uplifting, team-oriented environment. The friendships and mentorships formed in a reputable BJJ academy help girls feel supported. They train alongside like-minded peers while learning from experienced coaches who encourage their progress. Unlike traditional team sports, where competition can create division, BJJ thrives on mutual respect, cooperation, and shared growth.

Making Friends and Finding Mentors

BJJ naturally builds strong connections. Training partners become friends, offering a sense of belonging and teamwork. Teen girls also benefit from having female role models—higher belts and instructors who inspire them with their skills and experience. These mentors help them grow in both training

and personal development, giving them strong, positive influences.

Training in BJJ gives teen girls the strength, confidence, and skills they need to navigate challenges both on and off the mats. Every young woman can benefit from learning how to defend herself, build resilience, and develop a mindset that carries into all aspects of life.

John Wai, a Plantation resident, Brazilian Jiu Jitsu Black Belt, and Professional Fight Coach, has operated John Wai Martial Arts in Plantation for 27 years. Visit johnwaimartialarts.com.



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SPRING PET CARE TIPS FOR FLORIDA'S WARMER MONTHS

By Dr. Jennifer Frione

As Florida's spring season arrives, it's essential to ensure your pets stay safe and comfortable in the changing weather. Here are some key tips to keep your furry friends healthy and happy during the warmer months.

1. Keep Pets Hydrated

Rising temperatures mean pets need more water to stay cool. Always provide fresh water for indoor and outdoor pets. When taking walks, bring a portable water bowl, especially in the hotter parts of the day.

2. Protect Against Fleas, Ticks, and Mosquitoes

Springtime increases the risk of fleas, ticks, and mosquitoes, which can carry diseases. Ensure your pets are on year-round flea and tick prevention and update treatments if needed. If you live near standing water, use pet-safe mosquito repellents to reduce exposure.

3. Grooming for Warmer Weather

Regular brushing helps pets shed their winter coats, reducing overheating. Long-haired pets benefit from frequent grooming, while short-haired ones can benefit from a bath to remove excess fur and allergens. Use pet-friendly shampoos to avoid skin irritation.

4. Prevent Heatstroke

Even in spring, Florida's temperatures can rise quickly. Never leave pets in a parked car, as heat builds up fast. Walk dogs in the early morning or evening to avoid midday heat, and ensure they have shaded spots when outdoors. Avoid excessive exercise on hot days.

5. Manage Spring Allergies

Like humans, pets can suffer from seasonal allergies. If you notice excessive itching, sneezing, or paw licking, consult your vet for antihistamines or allergy treatments. Wiping your pet's coat and paws after outdoor activities helps reduce allergens.

6. Update Identification Tags

With more outdoor adventures, it's crucial that your pet has proper identification in case they wander off. Ensure their collar tag has current contact information, and consider microchipping for added security.

7. Watch for Wildlife

Florida's wildlife becomes more active in spring, increasing the chances of encounters with raccoons, opossums, and even alligators. Keep pets on a leash near water and wooded

areas, and supervise them while outside to prevent dangerous interactions.

8. Check Your Yard for Hazards

Spring brings new growth, including toxic plants like oleander and azalea. Inspect your yard for harmful plants, sharp objects, and hidden dangers like snakes. Ensure fences are secure to prevent pets from escaping or encountering threats.

9. Spring Training and Socialization

Warmer weather is ideal for training and socializing your pet. Visit dog parks or take walks to reinforce leash training and obedience. If you have a new pet, consider a training class to build good habits and improve behavior.

10. Enjoy Safe Outdoor Activities

Spring is perfect for outdoor fun, whether visiting a dog-friendly beach, going on nature walks, or setting up a secure outdoor space for cats. Monitor pets for signs of exhaustion and provide water breaks during playtime. By following these simple spring pet care tips, you can ensure a safe, enjoyable season for your furry friends!



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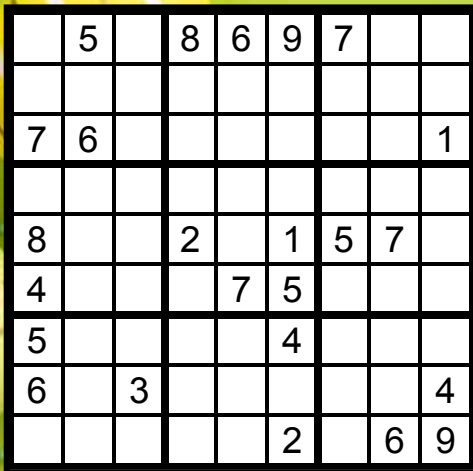
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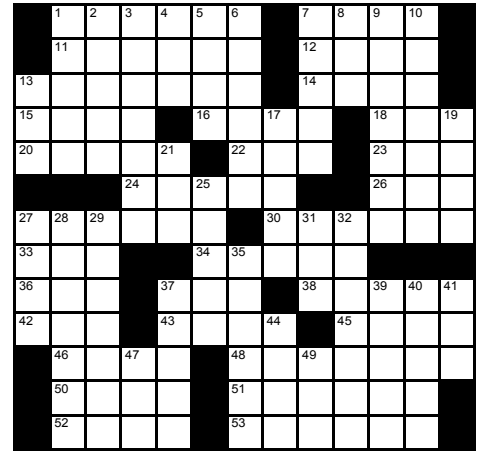
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- 1 Mass confusion
- 7 Sandwich type, ___ boy
- 11 Individually
- 12 Vermin
- 13 City on the Elbe
- 14 ___ Loma, Calif.
- 15 Lyric poems
- 16 Enthralled
- 18 Peculiar
- 20 Black ink item
- 22 Stage prompt
- 23 Life story, briefly
- 24 Escapade
- 26 Naval rank (Abbr.)
- 27 Commonly repeated phrase
- 30 Materialize
- 33 Parisian article
- 34 Navigate
- 36 Order's partner
- 37 Simile words
- 38 Reading aids
- 42 Bird-to-be
- 43 Hawaiian rings
- 45 Indian dress
- 46 Hindu princess
- 48 American elk
- 50 Egyptian solar deity
- 51 Posthaste
- 52 Parcel (out)
- 53 Horse whisperers?



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Down

- 1 Poets
- 2 Fencing swords
- 3 Analyze
- 4 Conducted
- 5 Maple genus
- 6 Threaten
- 7 Dish
- 8 Painter's medium
- 9 Columbus Day month
- 10 PA city
- 13 ER pronunciation
- 17 Thick soup
- 19 Medicinal amount
- 21 Road topping
- 25 Old-hat
- 27 Pack animal
- 28 Puzzle type
- 29 Notorious
- 31 Actor Gibson
- 32 No-no on some tests
- 35 Island in Southeast Asia
- 37 Skirt style
- 39 Fire starter
- 40 Jimmies
- 41 Bro's sibling
- 44 Fill to excess
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Tommy finished the year ranking #2 in all of Broward County out of over 15,000 agents. He has sold over 120 million from 57.5 transactions: 31.5 Listing Agent / 26 Selling Agent.

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The fundamental core of his business approach is God, faith, and the military's foundation, with a background in two vital industries: Construction and Appraisals. His strategic relocation to South Florida in 2002 signified the beginning of a new chapter. A natural progression from leading appraiser to licensed real estate authority in 2009, Tommy's focus pivoted to high-end ranches and luxury homes, capturing the essence of South Broward's luxury lifestyle.

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His contributions have heightened the allure of Southwest Ranches and garnered national attention, solidifying the community's standing as a premier destination.

Tommy's relentless drive to stay ahead in the business world led him to found one of South Florida's largest and most respected appraisal firms. Tommy's ability to appreciate, recognize, evaluate, and market homes in the South Florida housing industry has propelled him to a level above competitor brands.

Today, he focuses on the South Broward market, specializing in promoting and selling luxury estates and equestrian properties for both buyers and sellers.



► For more insight or to explore your real estate possibilities, Tommy Crivello can be reached at 954-650-1766 or at tommy@tommycrivello.com. 

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